



***Greater Long Island Wheelchair Athletic Club
The Long Island Lightning
Junior Wheelchair Basketball Team
P.O. Box 1141
Sound Beach, New York 11789***

The Greater Long Island Wheelchair Athletic Club, (G.L.I.W.A.C.) is a 501(c)3 not-for-profit corporation formed in 1997 to provide competitive, co-ed athletic opportunities for the physically challenged children of the Long Island area. Our all-volunteer staff is training true athletes by teaching individual, basic and advanced basketball skills, physical conditioning and team play. In 2011, our organization expanded to include two Varsity Level teams (age 13 through High School graduation). Both teams compete nationally.

Our goal through competitive athletics is to teach the children to perform a regimen of conditioning exercises, whose purpose is to improve general health and stamina while developing the skills necessary to excel as a team on the basketball court and as individuals in life. Our national competitive schedule provides these youngsters with exposure to universities throughout the USA with an emphasis on expanding their educational horizons. We currently have five graduates of our program who have received college scholarship money to compete in inter-collegiate wheelchair sports. By stressing education, teamwork, physical conditioning and skill development, it is our goal to develop active, healthy, competitive and employable adults.

Mark Drummer
Head Coach, Long Island Lightning Junior Wheelchair Basketball Team
516-796-6320 elmarko13r@yahoo.com, www.gliwac.org
We are a 501c3 corporation. All donations are tax deductible.
Checks can be made payable to GLIWAC and sent to:
GLIWAC
P.O. Box 1141
Sound Beach, NY 11789